

## Weekly Newsletter for Feb 26, 2024

# Your PTO—enhancing education and welfare of LHS students and fostering communication throughout the LHS community

# **Upcoming Events**



#### Feb 26-Mar 1 Week 25

Feb 26	LHS Site Council mtg, 6pm, online
Feb 27	School Committee mtg, 6pm
	Forum: Going to LHS, 9am, Clarke's Cafeteria <b>and</b> 7pm, LHS Science Lecture Hall (both cover same material)
Feb 28	Junior Parent Group mtg, 9am
Feb 29	Parent Discussion Group mtg, 9am
	School Committee Candidate Forum, 9:30am, Community Center and Zoom
	Spring Athletic Preseason mtg, 6pm, LHS auditorium
	Junior Parent Group mtg, 7pm

Mar 4-8	Week 26
Mar 4	SHAC mtg, 7pm, LHS Library Media Center
Mar 6	Junior Parent Group mtg, 9am
	LHS Community Forum #3, 6:30pm, Cary Hall
Mar 7	Parent Discussion Group mtg w/ Principals, 9am ( <u>Google Meet link</u> )
Mar 8	Parent Discussion Group Social meet-up, Community Center, rm 237
	Half-day
	Save the Date:
Mar 21	Forum: Navigating Life after LHS
Mar 23	LPS Parent Academy

See the <u>2023–2024 School Calendar</u> for all of this year's holidays and half-days.

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If you have a gmail account, your Weekly Newsletter is being clipped. Please click on the link at the top of the newsletter "To view this email as a web page, click here" to get the full picture. Thank you!

#### **PTO News**

We welcome conversation, questions, and dialogue. Connect with us by email anytime at <a href="mailto:president@lhspto.org">president@lhspto.org</a>.

Meg Khanolkar and Catherine Telliez, PTO Presidents

## What did the LHS PTO do the week before February break?

- Presidents attended literacy meeting hosted by Superintendent
- Held February Board meeting
- Treasurer, Mini-grants VPs and Presidents discussed next year's budget
- Presidents met with Recruitment VPs to start the process of recruiting next year's PTO Board



# **Upcoming Forum: Going to LHS—Parent Panelists Q&A**

Calling all 8th grade parents! As we navigate the transition to LHS together, the LHS, Clarke and Diamond PTOs have collaborated to bring you a **Parent Panelists Q&A session**.

Get valuable insights from current LHS parents on curriculum, athletics, music, clubs, learning support, counseling and more! Panelists will share their knowledge, experiences and advice for your child's high school journey. You can ask questions, have your concerns addressed and discover the opportunities at LHS.

There will be two sessions; pick whichever one best fits your schedule!

• When: Tue, Feb 27

Morning Session:

■ When: 9-10am

■ Where: Clarke Middle School Cafeteria

Evening Session:

■ **When:** 7–8pm

■ Where: Lexington High School IDLC (Science

Lecture Hall)

# **This Thursday: School Committee Candidate Forum**

Come hear from the candidates for School Committee before next week's election! Run by the PTO President's Council, this forum will provide you with an opportunity to understand more about each candidate. This is an in-person forum, but it will also be available by zoom, and a link to the meeting will be sent to form respondents the night before the event.

• When: Thu, Feb 29, 9:30am

• Where: Lexington Community Center

• RSVP and submit questionshere



## 10th Annual Parent & Caregiver Academy

Lexington's Annual Parent Academy is designed to educate and empower parents and caregivers to manage the changing demands of parenting in today's world. This event is free and open to all interested parents and community members.

- Who: All interested Lexington families, adult caregivers and faculty
- When: Sat, Mar 23, 10am-2:15pm
- Where: In-person at the Community Center
- List of workshops and registration details are coming soon!

#### LHS and LPS Announcements

## LHS Spring 2024 Athletics Preseason Meeting is Thursday!

The Spring 2024 Athletic Preseason Meeting is coming up! This meeting is for all LHS student-athletes interested in participating in an interscholastic spring sport at Lexington High School. Students should attend with a parent or guardian. The large group session begins in the auditorium, followed by sport-specific breakout sessions where you can meet with the coaching staff of your respective sport. It is a fantastic opportunity to hear from head coaches about their expectations and learn more about the upcoming season.

- The preseason meeting is Thu, Feb 29, 6pm
- Online Registration is open
- The spring season begins Mon, Mar 18

**Spring Sports:** Baseball, Softball, Boys Lacrosse, Girls Lacrosse, Boys Outdoor Track & Field, Girls Outdoor Track & Field, Boys Tennis, Girls Tennis, Boys Volleyball, Boys Ultimate Frisbee, Girls Ultimate Frisbee, Unified Basketball

Should you have any questions regarding this meeting, or are unable to attend in person, you can visit the <u>Athletics page</u> on LHS' website or contact the athletic office at (781) 861-2320 ext. 69902.

# **LHS Community News**





# **Autism Support Group Meeting**

Please join us at the next Autism Support Group meeting, where we'll be hosting guest speaker Amit Chawla. This is an informal support group for parents and caregivers of children in Lexington with autism, where you can meet others and share concerns, experiences, resources, and of course, coffee! All are welcome!

- When: Wed, Feb 28 7pm
- Where: Lexington Community Center
- For more information, and to RSVP, click here

# **LHS Parent and Caregiver Discussion Group (all grades)**

- **Next meeting**: Thu, Feb 29, 9am
- **Topic:** Quarter 3 check-in and open discussion
- To join the mailing list and receive meeting Zoom links: Email your full name and the grade(s) of your LHS child(ren) to Jen Roney.

## **Junior Parent and Caregiver Discussion Group**

This week, we'll have TWO meetings, each on a different topic

### Meeting #1:

• When: Wed, Feb 28, 9am

• Where: 28 Tower Road, Lexington

Topic: Junior parent meet-up: Bring your questions!
Topic: Bring your questions for a group discussion!

#### Meeting #2

• When: Thu, Feb 29, 7pm

• Where: Online (Zoom link will be posted to Facebook group and emailed)

• **Topic:**Holistic Admissions at US Colleges, with guest speaker Cece Camacho, Admissions Officer, Bates College

To join the junior parent group, email us

### **Lexington Community News**



### **Break the Silence: A Creative Submission Contest**

The Youth Advisory Board (YAB) of the Youth Counseling Connection (YCC) is a group of Lexington high school students devoted to improving awareness of teen mental health and access to mental health resources in the Lexington community.

This year, the YAB is organizing a youth creative submission contest called "Break the Silence," where middle and high school students may enter a piece of artwork, poetry, song lyrics, personal essay, or short story based on the prompt "An Insider Look into the Teenage Mind." The goal of the creative submission is to empower teenagers and promote teen mental health awareness.

The community will be invited to read and admire the students' creative submissions at an annual fundraising event on May 3. Further details will be shared closer to the event date. During the event, a winner will be chosen in each category—poetry, art and prose—for both middle and high school. The event will also feature a panel of students and experts who will discuss the importance of recognizing teen mental health.

More information and the entry form are <u>here</u>.

# Nominations Sought for the 2024 Pat Flynn Outstanding Youth Award

The Pat Flynn Outstanding Youth Award showcases our youth and their excellence. Every year since 1979, this award has honored an outstanding youth resident on Patriots' Day.

This award is designed to applaud a graduating Lexington senior who has committed themselves to community service in Lexington, acknowledging their commitment and service to our town.

The award highlights their dedication to community service, along with leadership capabilities and academic standing.

- Nominate someonehere
- **Submissions are due** by Mar 3



# **Summer Camp and Counselor/Volunteer Opportunities at Munroe Center for the Arts**

Are you a high schooler interested in joining the Munroe Center for the Arts for a full week, Monday through Friday, as a camp counselor or volunteer this summer? Contact our Operations Coordinator, Holly, for more information and to submit a resume/extracurriculars list.

## **Community Happenings**

Although this LHS PTO newsletter only publishes announcements that are directly related to LHS students and their parents, we will share links to other community events that may be of interest to our readers. Click <a href="here">here</a> to learn more about these upcoming opportunities.

- Cary Library's "Take Flight" Gala
- Lexington's 250th Kick-off Event
- Webinar: How to Have Brave Conversations that Build Empathetic Kids
- Lexington Neighbors and Newcomers Club

#### **Useful Links and Resources**

#### **LHS PTO Links**

- LHS PTO Homepage
- Membership Toolkit Registration Link
- Volunteer
- LHS PTO on Facebook
- Who's on the PTO Board this year
- Other Useful Links
- LPS 2023-2024 School Calendar

#### **LHS Links**

- LHS School Calendar 2023-2024
- LPS School Calendar 2023-2024
- LHS Student Absence Form 2023-2024
- LHS <u>Block Schedule</u>
- No Homework <u>Calendar</u>
- LHS Counseling Department webpage
- School Committee webpage
- Building Committee webpage
- LHS Building Project webpage

## **Community Resources**

- Cary Library <u>teen programs</u>
- Lexington Recreation and Community Programs: classes for children and teens
- Lexington Community Education: <u>classes on test prep and college planning</u>, and <u>classes for children and teens</u>
- Munroe Center for the Arts
- Youth Counseling Connection

## **Stay Connected**

• Athletics games/meets

- LHS PTO <u>website</u> and <u>Facebook</u> group
   LHS <u>Performing Arts Calendar</u>