



Weekly Newsletter for Oct 30, 2023

Your PTO—enhancing education and welfare of LHS students and fostering communication throughout the LHS community

Upcoming Events



Oct 30–Nov 3 Week 10

- Oct 30 LHS Winter Sports Info Session, 7:30pm, LHS auditorium
- Nov 1 Senior Parent Group Mtg, 9am
- Nov 2 Parent Discussion Group Mtg with the Principals, 9am ([Google Meet link](#))
- Nov 3 Deadline for transcript requests for college applications due 12/1/23
Quarter 1 grades close
Parent Discussion Group In-Person Mtg, 9am, Community Center (rm 237)

Nov 6–10 Week 1

- Nov 6 SHAC Mtg, 7pm, LHS Library Media Center, rm 147
- Nov 9 Parent Discussion Group, 9am
- Nov 10 No School: Professional Learning

Save the date:

- Nov 12 LHS Spiritwear Store Closes
- Nov 13 Term 1 Report Cards in Aspen, 3pm
- Nov 17 Half-day
- Mar 23 LHS Parent Academy

See the [2023–2024 School Calendar](#) for all of this year's holidays and half-days.

If you have a gmail account, your Weekly Newsletter is being clipped. Please click on the link at the top of the newsletter "To view this email as a web page, click here" to get the full picture. Thank you!

Weekly Announcements

PTO News

We welcome conversation, questions, and dialogue. Connect with us by email anytime at president@lhspto.org.

Meg Khanolkar and Catherine Telliez, PTO Presidents



What did the LHS PTO do last week?

- Continued **membership drive**
 - The PTO Forums Team met with SHAC and the Clarke and Diamond PTO Presidents to begin our **collaboration on upcoming parent forums**
 - PTO Presidents **met with Principal**
 - The PTO Hospitality VPs brought **autumn apples to all the LHS faculty and staff**
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LHS Spiritwear Store Open for a Limited Time

The LHS Spiritwear pop-up store is now open for a limited time! New items have just been added.

- **When:** Now until Sun, Nov 12
 - **Product delivery:** Dec 7–15
 - **Shop [here](#)**
 - **Send any feedback** regarding spiritwear purchased in September to the LHS PTO [presidents](#)
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Calling all PTO Bakers--Help Needed!

As we all settle back into that fall routine, Martha Queenin and her Peer Leaders and Mentors are planning a surprise **cookie pop-up event** for the LHS Community.

The event is planned for **Wed, Nov 8**.

We need cut-out sugar cookies for students and staff to decorate...PUMPKINS, LEAVES, HEARTS or SIMPLE ROUND COOKIES.

We will have a location set up where staff, kids and classes can take a break, pop by and grab and decorate a treat.

This has historically been a fun event that has brought smiles and joy to LHS.

We would be so grateful if parents would volunteer to help us bake cookies or donate frosting or sprinkles.

- **When:** The morning of Wed, Nov 8 before 10:00am
- **Where:** Drop off the cookies, frosting or decorations at the main office
- **Sign up** to help [here](#)

LHS and LPS Announcements

LPS School Health Advisory Council

Please join the LPS School Health Advisory Council (SHAC) for their first meeting of the school year.

SHAC, an advisory group appointed by the school district, is a collaborative effort of the Lexington schools, students, families, town, and community organizations. The Lexington SHAC addresses the health and academic success of all students through a coordinated, comprehensive school and community approach. This year we will hold the full SHAC meetings and subcommittee meetings in person.

- **When:** Mon, Nov 6, 7:00pm
- **Where:** Lexington High School Library Media Center (room 147)
- **For more information**, including dates of this year's meetings, see Superintendent Hackett's [ParentSquare announcement](#)
- **Questions?** Email [Julie Fenn](#)
- **Interested in joining?** Sign up [here](#)

LPS Vaccine Clinic

The LPS Vaccine are clinics open to all Lexington residents, along with Lexington Public Schools' students, staff and their families.

- **When:** Fri, Nov 10, 10am–5pm
- **Where:** LPS Central Offices, 146 Maple St
- **Sign up**[here](#)

LHS Community News

LHS Choral Department Mattress Fundraiser

7TH ANNUAL LEXINGTONHS CHORUS MATTRESS FUNDRAISER

EVERY PURCHASE BENEFITS THE CHORUS!

BIG SAVINGS FINANCING AVAILABLE

Beautyrest

Adjustable Base | Luxury Placer | Mattress Protector

✓ All sizes available
✓ 25+ styles on display
✓ Brand new with full factory warranties
✓ Delivery available
✓ All forms of payment accepted
✓ Financing Available

SUN. NOV 12 10AM-4PM @THE HIGH SCHOOL GYM

benefits@lchsbeds.com
liz.nash@lchsbeds.com

FREE DELIVERY

Since 2011, the LHS Choral Department has run a fall mattress sale fundraiser, allowing the department to raise thousands of dollars for expenses such as workshop tuition for a cappella students, choir member apparel, space usage fees for choral performances, commissions for new musical pieces, accompanist stipends, program printing, financial aid for concert tours and more! They also sold 50 twin mattress sets that were donated to three of Boston area's homeless shelters. Join us in helping support this terrific program by getting your new mattress through our fundraiser!

These Beautyrest mattresses are brand new with full factory warranties and come in all sizes. Delivery will be available!

- **When:** Sun, Nov 12, 10:00am–4pm
- **Where:** LHS Gym
- **For more information**, contact [Catherine](#) or see our [newsletter](#)

All-Night Graduation Party Seeks Junior Parent Chair

Every year, LHS parents host the All-Night Graduation Party for graduating seniors. As Senior parents are not allowed to attend this party, we depend on the parents of other LHS students to pay it forward and volunteer to host this fun (and safe!) LHS tradition.

The All-Night Graduation Party Committee seeks a Junior Parent Chair to help plan and host the party. The three primary responsibilities of this position are:

1. Learn the role of the Senior Chair by attending monthly meetings
2. Attend the All Night Graduation Party as the primary host

3. Lead as the Senior Chair the following year

The Senior Chair is responsible for organizing the committee and coordinating the planning for the event. The Junior Chair attends the event to assist as needed and to resolve any issues.

- **Interested? Contact [Jenn](#)** for more details



Rent-a-Player Leaf Raking to Support LHS Football

Don't want to rake your leaves this year? We have a great solution for you! The LHS football players are donating their time to help community members rake and bag their leaves. All proceeds will help support the team's activities and equipment purchases.

- **When:** Sun, Nov 12, with a raindate of Sun, Nov 19
- **Time:** 8:00am
- **For more information,** check out our [website](#) or [email us](#)

Help Stock "The Rock Room" at LHS

The LHS Rock Room is a space in the main building open for students to drop in during their free blocks, Iblocks and lunch blocks. This special room is a space where kids can come and connect with peers or be by themselves to reset. Each fall, we restock the Rock Room with a variety of art supplies, cocoa, tea and games requested by kids. These supplies are used by students during Iblocks when we offer focused activities/programming, and at other times when kids can drop in and access the materials on their own.

Please consider donating an item or two to help us stock the Rock Room this school year. Art is a great way to get kids connected and help them express themselves while also helping them to navigate and manage feelings. We are beyond grateful to our parent and caregiver community for graciously donating supplies from our Wish List!

- See our [Amazon Wishlist](#)
- **Please note: If you had trouble donating last week because of the missing shipping information, please try again this week! The problem has been fixed!**

LEXINGTON



Breaking Down Stigma About Mental Health, Neurodiversity and Less Visible Disabilities

How do we build a community of kindness and support for everyone so they can be open about their struggles, access services, and find compassion here in Lexington? Come join us as we answer this important question, and work to make Lexington an inclusive and welcoming community for those of all abilities. This important seminar is sponsored by fifteen different Lexington non-profits and town committees, including SEPAC.

- **When:** Wed, Nov 1, 7–8:30pm
- **Where:** LHS Science Hall
- **Register [here](#)** (registration is requested, but not required)

LexDyslexia Parent Support Group Virtual Meetings

Our Dyslexia Parents' Group is open to Lexington parents who have a child struggling to read and/or write and who need

information on how to best support them. No matter where your child is on their journey, from just starting to realize they learn differently, to having a diagnosis of dyslexia/language-based learning disability and receiving support services, please join us.

In our upcoming meeting, we'll debrief and reflect on Dr. Shaywitz's Nov 6 presentation on dyslexia (click [here](#) to register for that event, which takes place the day before our meeting).

Next meeting: Tue, Nov 07, 7:00pm

Where: Virtual (RSVP [here](#) for Zoom link)

LHS Parent and Caregiver Discussion Group (all grades)

- **Next meeting:** Thu, Nov 2, 9am
- **Topic:** Meeting with the principals ([Zoom link](#))

We will have an additional, in-person social gathering the following day!

- **When:** Fri, Nov 3, 9am
 - **Where:** Lexington Community Center, rm 237
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Junior Parent and Caregiver Discussion Group

We have two upcoming meetings:

- **Meeting #1:** Wed, Nov 8, 9am
- **Topic:** *College Admissions: Athletics* with guest speaker Sarah Flatley from Wheaton Educational Consulting
- **Meeting #2:** Thu, Nov 9, 7pm
- **Topic:** *College Admissions for the Arts* with guest speaker Shubhra Chandra

Both meetings will be held online (Zoom link will be sent via email and to Facebook group).

- **To join the junior parent group,** [email us](#)
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Senior Parent and Caregiver Discussion Group

- **Next meeting:** Wed, Nov 1, 9am
 - **Topic:** Open discussion
 - **To join:** email [Julie Liu](#) with your name, email address, and the name of your senior student
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Lexington Community News



Youth Counseling Connection Open for Walk-ins

Youth Counseling Connection (YCC) is an independent, non-profit agency that provides accessible counseling and outreach services to Lexington youth and their families.

At YCC, youth (ages 12–22) or families can walk in and have immediate access to a therapist. This is an excellent resource for those who have had a hard time accessing services, or someone who wants to see what therapy is all about!

No fees or insurance needed.

YCC Clinical Services are confidential. All information stays within the therapy office and is only ever shared when there is a safety concern or permission is given by the family.

- **The Youth Counseling Connection center is open every Wednesday from 3:00pm–4:30pm for walk-ins**
- **We also have sessions available by appointment Monday–Thursday**
- **For more information** about YCC, please visit our [website](#)

Community Happenings

Although this LHS PTO newsletter only publishes announcements that are directly related LHS students and their parents, we will share links to other community events that may be of interest to our readers. Click [here](#) to see these announcements.

- Members needed for Lexington Tree Committee
- Bowman Fall Festival on Nov 3

Useful Links and Resources

LHS PTO Links

- [LHS PTO Homepage](#)
- [Membership Toolkit Registration Link](#)
- [Volunteer](#)
- [LHS PTO on Facebook](#)
- [Who's on the PTO Board this year](#)
- [Other Useful Links](#)
- [LPS 2023–2024 School Calendar](#)

LHS Links

- LHS [School Calendar 2023–2024](#)
- LPS [School Calendar 2023–2024](#)
- LHS [Student Absence Form 2023–2024](#)
- LHS [Block Schedule](#)
- No Homework [Calendar](#)
- LHS [Counseling Department webpage](#)
- School Committee [webpage](#)
- Building Committee [webpage](#)
- LHS Building Project [webpage](#)

Community Resources

- Cary Library [teen programs](#)
- Lexington Recreation and Community Programs: [classes for children and teens](#)
- Lexington Community Education: [classes on test prep and college planning](#), and [classes for children and teens](#)
- [Munroe Center for the Arts](#)
- [Youth Counseling Connection](#)

Stay Connected

- Athletics [games/meets](#)

- LHS PTO [website](#) and [Facebook](#) group
 - LHS [Performing Arts Calendar](#)
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