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## Weekly Newsletter for Oct 23, 2023

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*Your PTO—enhancing education and welfare of LHS students and fostering communication throughout the LHS community*

### Upcoming Events



#### **Oct 23–27    Week 9**

- Oct 24      School Committee Mtg, 6pm
- Oct 25      Junior Parent Discussion Group, 9am,  
Community Center, Rm 230/232
- Oct 26      Parent Discussion Group, 9am
- Oct 27      LHS Spiritwear Store Reopens

#### **Oct 30–Nov 3    Week 10**

- Oct 30      LHS Winter Sports Info Session, 7:30pm, LHS  
auditorium
- Nov 1      Senior Parent Group Mtg, 9am
- Nov 2      Parent Discussion Group Mtg with the  
Principals, 9am ([Google Meet link](#))
- Nov 3      Deadline for transcript requests for college  
applications due 12/1/23  
Quarter 1 grades close  
Parent Discussion Group In-Person Mtg, 9am,  
Community Center rm 237

#### **Save the date:**

- Nov 6      SHAC Mtg, 7:00pm, LHS Library Media  
Center (rm 147)
- Nov 10     No School: Professional Learning
- Nov 12     LHS Spiritwear Store Closes
- Nov 13     Term 1 Report Cards in Aspen, 3pm

See the [2023–2024 School Calendar](#) for all of this year's holidays and half-days.

If you have a gmail account, your Weekly Newsletter is being clipped. Please click on the link at the top of the newsletter "To view this email as a web page, click here" to get the full picture. Thank you!

### Weekly Announcements

## PTO News

We welcome conversation, questions, and dialogue. Connect with us by email anytime at [president@lhspto.org](mailto:president@lhspto.org).

*Meg Khanolkar and Catherine Telliez, PTO Presidents*

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### What did the LHS PTO do last week?

- Continued **membership drive**
  - Held monthly **PTO Board meeting**
  - Designed and updated an inspirational **bulletin board** at the main entrance of LHS
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### LHS Spiritwear Store to Re-Open for Limited Time

The LHS Spiritwear pop-up store will re-open for a limited time on **Fri, Oct 7** and **close Sun, Nov 12** with product delivery **on Dec 7–15**. Follow us for upcoming details on newly-added items. And please email the [presidents](#) if you have any feedback on your September spiritwear orders!

## LHS and LPS Announcements

### LHS Winter 2023–2024 Athletic Pre-Season Meeting

**The LHS Winter 2023–2024 Athletic Pre-Season Meeting** is for all LHS student-athletes interested in participating in an interscholastic winter sport at Lexington High School. Each athlete should attend with a parent or guardian. The large group session begins in the auditorium, followed by sport-specific breakout sessions where you can meet with the coaching staff of your respective sport. It is a fantastic opportunity to hear from head coaches about their expectations and learn more about the upcoming season.

**Winter Sports:** Boys Basketball, Girls Basketball, Basketball Cheerleading, Boys Ice Hockey, Girls Ice Hockey, Boys Indoor Track, Girls Indoor Track, Boys Swimming, Wrestling, Boys Alpine Skiing, Girls Alpine Skiing

- **When:** Mon, Oct 30, 7:30pm
  - **Where:** LHS Auditorium
  - Click [here](#) for **registration information**
  - Click [here](#) for **tryout dates and times**
  - **Online Registration is now open**
  - **The Winter season begins** Mon, Nov 27
  - **Questions, or can't attend in person?** Visit the the [Athletics page](#) or contact the Athletic Office at 781-861-2320 ext. 69902
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### LPS School Health Advisory Council

Please join the LPS School Health Advisory Council (SHAC) for their first meeting of the school year.

The School Health Advisory Council (SHAC), an advisory group appointed by the school district, is a collaborative effort of the Lexington schools, students, families, town, and community organizations. The Lexington SHAC addresses the health and academic

success of all students through a coordinated, comprehensive school and community approach. This year we will hold the full SHAC meetings and subcommittee meetings in person.

- **When:** Mon, Nov 6, 7:00pm
  - **Where:** Lexington High School Library Media Center (room 147)
  - **For more information**, including dates of this year's meetings, see Superintendent Hackett's [ParentSquare announcement](#)
  - **Questions?** Email [Julie Fenn](#)
  - **Interested in joining?** Sign up [here](#)
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## LPS Vaccine Clinic

The LPS Vaccine are clinics open to all Lexington residents, along with Lexington Public Schools' students, staff and their families.

- **When:** Fri, Oct 27, 10am–7pm
- **Where:** LPS Central Offices, 146 Maple St
- **Sign up**[here](#)

## LHS Community News

### All-Night Graduation Party Seeks Junior Parent Chair

Every year, LHS parents host the All-Night Graduation Party for graduating seniors. As Senior parents are not allowed to attend this party, we depend on the parents of other LHS students to pay it forward and volunteer to host this fun (and safe!) LHS tradition.

The All-Night Graduation Party Committee seeks a Junior Parent Chair to help plan and host the party. The three primary responsibilities of this position are:

1. Learn the role of the Senior Chair by attending monthly meetings
2. Attend the All Night Graduation Party as the primary host
3. Lead as the Senior Chair the following year

The Senior Chair is responsible for organizing the committee and coordinating the planning for the event. The Junior Chair attends the event to assist as needed and to resolve any issues.

- **Interested? Contact** [Jenn](#) for more details
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### Support the LHS Cross Country and Track and Field Teams by Eating at Fiorella's!

The LHS Cross Country and Track and Field teams will be hosting a restaurant night fundraiser at Fiorella's in Lexington Center. Take a break from cooking and head to Fiorella's—you can dine-in or take out! Fiorella's will donate 15% of sales from everyone who comes in with our promo code to benefit our teams in the upcoming LexGiving 5k.

- **When:** Wed, Oct 25
  - **Where:** Fiorella's, 25 Waltham St
  - **Promo code:** FR1025LEX
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## Rent-a-Player Leaf Raking to Support LHS Football

Don't want to rake your leaves this year? We have a great solution for you! The LHS football players are donating their time to help community members rake and bag their leaves. All proceeds will help support the team's activities and equipment purchases.

- **When:** Sun, Nov 12, with a raindate of Sun, Nov 19
- **Time:** 8:00am
- **For more information,** check out our [website](#) or [email us](#)

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## Help Stock "The Rock Room" at LHS

The LHS Rock Room is a space in the main building that is open for students to drop in during their free blocks, Iblocks and lunch blocks. This special room has grown to be a space where kids can come and connect with peers or a space where they can be by themselves to reset. Each fall, we restock the Rock Room with a variety of art supplies, cocoa, tea and games that have been requested by kids. These supplies are used by students during Iblocks when we offer focused activities/programming, and at other times, kids can drop in and access the materials on their own.

Please consider donating an item or two to help us stock the Rock Room this school year. Art is a great way to get kids connected and help them express themselves while also helping them to navigate and manage feelings. We are beyond grateful to our parent and caregiver community for graciously donating supplies from our Wish List!

- See our [Amazon Wishlist](#)



## FOLMADS Parent and Student Volunteer Opportunities

FOLMADS, the parent volunteer organization supporting the arts in Lexington Public Schools, needs your help! Annually, parents help usher and sell tickets at performing arts events. High school students can sign up to usher, too!

- Sign up [here](#) to help with Fall events
- For more information, [email us](#)

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## LEXINGTON



## Annual LexSEPAC/SEPTA Battlegreen Run

Join us for the Annual Battlegreen Run LexSEPAC/SEPTA fundraiser! The Battlegreen Run Foundation donates race proceeds to our organization based on the number of our team participants. So even if you don't directly raise funds, being part of our team still helps! If you choose not to walk or run, you can still make a donation to LexSEPAC/SEPTA on behalf of our team.

To raise funds for our team, when you sign up, select the "Team Fundraiser" option, and then select "Become a Fundraiser" to create your own fundraising page. Be sure to join our team fundraiser by choosing the "Lex Septa" team fundraiser.

- **In-person race:** Sun, Nov 5, 8am
- **Virtual Race:** Sun, Nov 5–Sat, Nov 11
- **For more information,** check out our [website](#)
- **Register**[here](#)

## Upcoming Seminar: Dyslexia—What 21st Century Science Has Taught

World-renowned expert on dyslexia and reading Sally E. Shaywitz, M.D will present on the latest research on dyslexia, one of the most common learning disabilities. She will discuss the neural systems of dyslexia and the reading brain, the signs and symptoms of dyslexia, the importance of early screening to identify children at risk of dyslexia, along with effective evidence-based interventions that are essential to ensure positive outcomes for at-risk, vulnerable children. Signed copies of her book *Overcoming Dyslexia* will be available for purchase at the event.

**When:** Mon, Nov 06, 7pm

**For more information,** visit our [website](#) or [email us](#)

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### LHS Parent and Caregiver Discussion Group (all grades)

- **Next meeting:** Thu, Oct 26, 9am
  - **Topic:** Athletics
  - **To join mailing list and receive meeting Zoom links:** Email your full name and the grade(s) of your LHS child(ren) to [Jen Roney](#).
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### Junior Parent and Caregiver Discussion Group

- **Next meeting:** Wed, Oct 25, 9am, Lexington Community Center, Rm 230/232
- **Topic:** *All Things Junior: Open Discussion*

**We have an upcoming evening meeting as well:**

- **When:** Thu, Nov 9, 7pm
- **Where:** Online (Zoom link will be sent via email and to Facebook group)
- **Topic:** *College Admissions for the Arts* with guest speaker Shubhra Chandra

**To join the junior parent group,** [email us](#).

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### Senior Parent and Caregiver Discussion Group

- **Next meeting:** Wed, Nov 1, 9am
- **Topic:** Open discussion
- **To join:** email [Julie Liu](#) with your name, email address, and the name of your senior student

## Community Happenings

Although in this newsletter we only publish announcements that are directly related LHS students and their parents, we will share links to other community events that may be of interest to our readers. Click [here](#) to see these announcements.

## Useful Links and Resources

### LHS PTO Links

- [LHS PTO Homepage](#)
- [Membership Toolkit Registration Link](#)

- [Volunteer](#)
  - [LHS PTO on Facebook](#)
  - [Who's on the PTO Board this year](#)
  - [Other Useful Links](#)
  - [LPS 2023–2024 School Calendar](#)
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## LHS Links

- LHS [School Calendar 2023–2024](#)
  - LPS [School Calendar 2023–2024](#)
  - LHS [Student Absence Form 2023–2024](#)
  - LHS [Block Schedule](#)
  - No Homework [Calendar](#)
  - LHS [Counseling Department webpage](#)
  - School Committee [webpage](#)
  - Building Committee [webpage](#)
  - LHS Building Project [webpage](#)
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## Community Resources

- Cary Library [teen programs](#)
- Lexington Recreation and Community Programs: [classes for children and teens](#)
- Lexington Community Education: [classes on test prep and college planning](#), and [classes for children and teens](#)
- [Munroe Center for the Arts](#)
- [Youth Counseling Connection](#)

## Stay Connected

- Athletics [games/meets](#)
  - LHS PTO [website](#) and [Facebook](#) group
  - LHS [Performing Arts Calendar](#)
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