



Weekly Newsletter for Oct 9, 2023

Your PTO—enhancing education and welfare of LHS students and fostering communication throughout the LHS community

Upcoming Events



- Oct 9–13 Week 7**
- Oct 9 No School (Indigenous Peoples/Columbus Day)
- Oct 10 School Committee Mtg, 6pm
- Oct 11 Principal's Coffee Talk for families new to Lexington, 9am
Junior Parent Group, 9am
- Oct 12 Parent Discussion Group, 9am
Junior Parent Group, 7pm
- Oct 13 9th Grade Welcome Dance
- Oct 14 PSAT, 8:00am, LHS
- Oct 16–20 Week 8**
- Oct 16 LHS PTO Board Mtg, 7:00pm ([Zoom link](#))
- Oct 18 Transcript request deadline for college applications due 11/15
Senior Parent Group Mtg, 9am
- Oct 19 School photo retakes
Parent Discussion Group, 9am
- Oct 20 Half-day
- Save the date**
- Nov 10 No School: Professional Learning

See the [2023–2024 School Calendar](#) for all of this year's holidays and half-days.

If you have a gmail account, your Weekly Newsletter is being clipped. Please click on the link at the top of the newsletter "To view this email as a web page, click here" to get the full picture. Thank you!

Weekly Announcements

PTO News

We welcome conversation, questions, and dialogue. Connect with us by email anytime at president@lhspto.org.

Meg Khanolkar and Catherine Telliez, PTO Presidents

What did the LHS PTO do last week?

- Continued **membership drive**
- Presidents attended the **PTO Presidents Council meeting**, and members provided breakfast for the Central Office staff
- The MiniGrants VP and PTO President attended the **LHS Department Heads meeting**
- Provided coffee and treats for the **Senior Parents Meeting** with LHS Counseling Department

LHS and LPS Announcements



Updates from Principals and Counseling Department

- Is your family new to Lexington? **Join the Principal's Coffee Talk on Wed, Oct 8, 9–10am in LHS Library Media Room** for a conversation specifically for families new to Lexington with an LHS student. This event is co-sponsored by the LHS PTO. Light refreshments will be served.
- **The 9th Grade Welcome Dance will be held Fri, Oct 13, 7–9:30pm in the LHS Commons.** Students must arrive by 7:30 unless they make advance arrangements for late arrival with their dean. Tickets will be sold at the door for \$10. There will be snacks and soft drinks. There will also be games (video and other) for students less inclined to dance.
- **Taking the PSAT at LHS this Sat, Oct 14?** 10th and 11th Graders who pre-registered for this (optional) test should arrive by 7:55am and head directly to their testing room. (Students should receive an email with their assigned room the week before the test.) The test should be done at approximately 11:55am. For more information, including a checklist of what to bring, see [this page](#).
- **The LHS principals shared an inspiration- and information-packed presentation** with the Parent Discussion Group last week, covering topics from Who's Who at LHS to i-blocks to grading. Check out their presentation [here](#).
- The Counseling Department has released the new **Senior Family Post-Secondary Video Presentation**, which includes all the information we provide students regarding the post-secondary planning process. They also shared [this slideshow](#).

LPS Vaccine Clinic

The LPS Vaccine are clinics open to all Lexington residents, along with Lexington Public School students, staff and their families.

- **When:** Fri, Oct 13, 10am–7pm
- **Where:** LPS Central Offices, 146 Maple St
- **Sign up** [here](#)

LHS Community News



New! FOLMADS Parent and Student Volunteer Opportunities

FOLMADS, the parent volunteer organization supporting the arts in Lexington Public Schools, needs your help! Annually, parents help usher and sell tickets at performing arts events. High school students can sign up to usher, too!

- Sign up [here](#) to help with Fall events
- For more information, [email us](#)

LEXINGTON



Seminar with Dr. Ned Hallowell

What does ADHD tell us about how we think and act? Can it limit opportunities and connection? Does it offer cerebral superpowers? What strategies and medication can help lessen the difficulties of ADHD and instead boost its benefits?

Transform your understanding of ADHD and learn to thrive through simple science and must-know life hacks. This is a fast-track introduction to ADHD—what it is, how it manifests, and ways to cope—inspired by best-selling author and world-renowned ADHD expert Dr. Ned Hallowell's viral videos, better known as 'NedTalks'. As both an ADHD expert and a diagnosed patient, Dr. Hallowell blends a medical and personal take on the topic in this groundbreaking guide.

- **When:** Wed, Oct 25, 7pm
- **Where:** Online
- **Register** [here](#)
- **For more information**, email [Stephanie](#)

Student Volunteer Opportunity: Lexington STEAM Team

[Lexington Youth STEAM Team](#) is seeking volunteer students interested in contributing to two open-source projects to be delivered to the [Lexington Observer](#) local newspaper. The goal of the projects is to promote transparent, participatory, and collaborative government in Lexington, by making information available at the fingertips of our reporters, citizens, and public servants. Students will be mentored by industry and academic leaders to complete the projects and will be exposed to cutting-edge technologies such as generative AI.

- **For more information** on this exciting opportunity, click [here](#)
- **Contact us** if you are interested in applying!

LHS Parent and Caregiver Discussion Group (all grades)

- **Next meeting:** Thu, Oct 12, 9am
- **Topic:** Student community service, and parent volunteer opportunities

- **To join mailing list and receive meeting Zoom links:** Email your full name and the grade(s) of your LHS child(ren) to [Jen Roney](mailto:Jen.Roney).

Junior Parent and Caregiver Discussion Group

- **Next meeting:** Wed, Oct 11, 9am (online)
- **Topic:** *Standardized Testing* with Summit Educational Testing

We will have an additional evening meeting as well:

- **When:** Thu, Oct 12, 7pm (online)
- **Topic:** *The College Admissions Timeline*. Our guest will be parents who have previously supported their students through the college admissions process

To join the junior parent group so you can receive our Zoom links and email updates, fill out this [google form](#). For even more information, join our [Facebook group](#)!

Senior Parent and Caregiver Discussion Group

- **Next meeting:** Wed, Oct 18, 9am
- **Topic:** Open discussion
- **To join:** email [Julie Liu](mailto:Julie.Liu) with your name, email address, and the name of your senior student

Lexington Community News



New! \$20 Limitless Passes for Lexpress Buses

Looking for a transportation option for your high schooler? Limitless Passes for Lexpress are available for just \$20 and offer **unlimited rides through June 30, 2024**. Our [website](#) has videos and information about how to ride Lexpress, including an app for your phone to track the Lexpress bus on your route.

You can buy the \$20 Limitless pass at the following locations:

- **LHS Main Office** (cash only)
- **Michaelson's Shoes** (cash only)
- **Community Center** (cards and cash accepted)
- **Lexpress [online store](#)** (cards accepted)

Questions? Call the Lexpress Transportation Office at 781-861-1210.



Community Service Opportunity: Never-Fading Poppy Project

The Never-Fading Poppy Project is a completely student-led, not-for-profit organization that sends handmade cards to local veterans in the community, with the goal of connecting generations and cultures through art. The Never-Fading Poppy Project has also participated in in-person events such as parades, fundraisers, and volunteering at food banks.

We invite you to join us in making cards for Veterans' Day 2023.

As this community service activity is asynchronous, we typically give out the standard of three community service hours for five completed cards.

- **Want to know more?** Check out our [website](#), and [email us](#), and we'll provide further details.
- **Date of event:** Fri, Oct 27

Community Happenings

Although in this newsletter we only publish announcements that are directly related LHS students and their parents, we are adding this new section to share links to other community events that may be of interest to our readers.

Click [here](#) to see new announcements about:

- Special Needs Art Program sing-along concert at Cary Hall
- The LexGiving 5K Walk/Run

Useful Links and Resources

LHS PTO Links

- [LHS PTO Homepage](#)
- [Membership Toolkit Registration Link](#)
- [Volunteer](#)
- [LHS PTO on Facebook](#)
- [Who's on the PTO Board this year](#)
- [Other Useful Links](#)
- [LPS 2023–2024 School Calendar](#)

LHS Links

- LHS [School Calendar 2023–2024](#)
- LPS [School Calendar 2023–2024](#)
- LHS [Student Absence Form 2023–2024](#)
- LHS [Block Schedule](#)
- No Homework [Calendar](#)
- LHS [Counseling Department webpage](#)
- School Committee [webpage](#)
- Building Committee [webpage](#)
- LHS Building Project [webpage](#)

Community Resources

- Cary Library [teen programs](#)
- Lexington Recreation and Community Programs: [classes for children and teens](#)
- Lexington Community Education: [classes on test prep and college planning](#), and [classes for children and teens](#)
- [Munroe Center for the Arts](#)
- [Youth Counseling Connection](#)

Stay Connected

- Athletics [games/meets](#)
- LHS PTO [website](#) and [Facebook](#) group

- LHS [Performing Arts Calendar](#)
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