



Weekly Newsletter for Jun 12, 2023

Your PTO—enhancing education and welfare of LHS students and fostering communication throughout the LHS community

Upcoming Events



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| June 12–16 | Week 39 |
| Jun 12 | Parent/Caregiver Discussion Group end-of-year potluck, 10am, Community Center PTO Board Mtg, 7pm |
| Jun 13 | School Committee Mtg, 6pm |
| Jun 15 | LHS Math Final Exam: 12pm dismissal |
| Jun 19–22 | Week 40 |
| Jun 19 | No School: Juneteenth |
| Jun 22 | Last Day of School: Half Day |
| | Save the date |
| Aug 29 | First Day of School at LHS, 9th grade only |
| Aug 30 | First Day of School for grades 10–12 |
| Sep 1 | No School |
| Sep 4 | No School: Labor Day |

See the [2023–2024 School Calendar](#) for all of next year's holidays and half-days.

If you have a gmail account your Weekly Newsletter is being clipped. Please click on the link at the top of the newsletter "To view this email as a web page, click here" to get the full picture. Thank you!

Weekly Announcements

PTO News

What did the PTO do last week?

- Voted in the new 2023-2024 LHS PTO Board
 - Prepared for next week's PTO Board meeting
 - Prepared for next week's QPR suicide-prevention forum
 - Contributed the ice cream for next week's Step-Up Day for current Clarke and Diamond 8th Graders
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Question, Persuade Refer (QPR) Suicide Prevention Workshop

Description:

- 3 simple steps anyone can learn to help prevent suicide.
- Just like getting trained in CPR and the Heimlich Maneuver, QPR saves thousands of lives each year
- QPR trains people to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.
- As a QPR-trained Gatekeeper you will learn to: Recognize the warning signs of suicide, know how to offer hope and know how to get help and save a life.

Where: LHS Room 610 (World Language Building)
When: Monday, June 12th at 7 - 8:30pm
Presenters: Kristie Demirev, LICSW, Prevention Specialist, and Caitlyn Hayden, MSW, MPH, QPR Assistant Program Coordinator

Pre-Registration Link:
 Please fill out the form linked below if you are planning on attending.
 Workshop capacity: 40 people
<https://forms.gle/FZ2rhnyz2V7ASHc9>



Upcoming Suicide Prevention Workshop

In this suicide-prevention workshop, learn the proven QPR (Question, Persuade, Refer) Method for preventing suicide. This seminar will teach you how to recognize the warning signs of suicide, know how to offer hope and know how to get help and save a life. Co-sponsored by the PTO, this workshop will be led by Kristie Demirev, Licensed Social Worker and Prevention Specialist, and Caitlyn Hayden, QPR Assistant Program Coordinator.

Space is limited to 40 participants, so please register now!

- **When:** Mon, Jun 12, 7pm
- **Where:** LHS Room 610 (World Language Building)
- **Register** [here](https://forms.gle/FZ2rhnyz2V7ASHc9)

LHS and LPS Announcements



Updates from Dr. Stephens

- Read [LHS News and Happenings](#) for the latest announcements from Dr. Stephens
- Please note that because Thu, Jun 15 is a half-day entirely dedicated to the Mathematics final exam, there will be no Day 5 this week.
- During the summer, many LHS students seek summer jobs. Please remember that **any person under the age of 18 is required by the Commonwealth of Massachusetts to obtain a work permit.**
 - **See the State's rules** for obtaining a work permit [here](#)
 - **Job opportunities and instructions for obtaining the needed work permits** from the LHS Counseling Department can be found [here](#). The entire process can be completed electronically; **you do not need to come into the building to apply for a work permit.**

LHS Community News

LHS Parent/Caregiver Discussion Group (all grades)

- **Next Meeting:** Mon, Jun 12, 10:00am-12:00pm, Lexington Community Center outdoor tent
- **This meeting will be an in-person potluck!** Bring a dish to share, and we will provide beverages, plates and utensils. Per town health regulations, we're not allowed to have any food that requires refrigeration or heating for food safety. Please stick to foods that are safe at room temperature.

Lexington Community News

LEXINGTON



Community Service Opportunity: Dyslexia & ADHD Peer-to-Peer Mentors

We are now seeking new students with Dyslexia and/or ADHD and or/Executive Functioning challenges to join our Peer-to-Peer Mentoring Program for the 2023–2024 school year. Peer-to-Peer Mentoring is an opportunity for both younger and older students with learning differences to connect, and for the younger students to realize that they are not alone, and to hear about the experiences and journeys of older students. We meet four times throughout the school year, and *LHS students can receive Community Service Hours for their mentoring.*

We welcome Lexington students who have the primary learning challenges of dyslexia (language based learning disability) and/or ADHD/ADD and/or Executive Functioning challenges. They don't necessarily need to have a full diagnosis yet; they could be struggling in these areas and in the process of getting an evaluation. Students do not need to be receiving support services in order to become a Mentor or Mentee.

If you are interested in becoming a mentor, fill out [this form](#) by Fri, Jun 30. Mentors must also participate in a short Zoom training and submit an agreement form prior to their first meeting.



Summer Volunteer Opportunities with Explorations!

Calling all students who are rising sophomores or older! **Earn community service hours this summer** by working as a student aide with Explorations, Lexington Community Education's summer program for children. You must commit to working a minimum of one full week to be considered. Space is limited—apply now!

- **When:** Weekly programs run Jul 3–Aug 11
- **Where:** Most programs are held at Hastings Elementary School
- **To apply or for more information** visit our [website](#)

Useful Links and Resources

PTO Links

- [LHS PTO Homepage](#)
- [Membership Toolkit Registration Link](#)
- [Volunteer](#)
- [LHS PTO on Facebook](#)
- [Who's on the PTO Board this year](#)
- [Useful Links](#)
- [LPS 2022–2023 School Calendar](#)

LHS Links

- Next year's [school calendar](#) 2023–2024
- LHS [Student Absence Form 2022–2023](#)
- LHS [Block Schedule](#) and directions to [add Block Schedule to your Calendar](#)

- No Homework [Calendar](#)
 - LHS [Counseling Department webpage](#)
 - Superintendent's [reports](#)
 - School Committee [webpage](#)
 - Building Committee [webpage](#)
 - LHS Building Project [webpage](#)
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Community Resources

- Cary Library [teen programs](#)
- Lexington Recreation and Community Programs: [classes for children and teens](#)
- Lexington Community Education: [classes on test prep and college planning](#), and [classes for children and teens](#)
- [Munroe Center for the Arts](#)
- [Youth Counseling Connection](#)

Stay Connected

- Principal Stephens: Follow him on Twitter (@LexingtonHSMa)
 - Athletics [games/meets](#)
 - LHS PTO [website](#) and [Facebook](#) group
 - LHS [Performing Arts Calendar](#)
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